

“Breaking Through – Stress & Pride”

Series: Breaking Through
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#607

Good pride: Self-respect, dignity. Satisfaction in a job well done. Joy in seeing others succeed. (Galatians 6:4, 2 Corinthians 7:4)

Bad pride: Selfishness, Stubbornness, Self-importance, Acting superior, Gossip, Thinking you know it all. (Proverbs 16:5, 18, 29:23)

Four Pride Problems:

Pride Problem #1 – The Bible Says - Pride _____

Proverbs 13:10 (NIV)

“Pride only breeds quarrels.”

Proverbs 28:25 (KJV)

“He that is of a proud heart stirs up strife.”

Matthew 7:5 (NIV)

“Take the log out of your own eye first, and then you will be able to see and take the speck out of your brother’s eye.”

Pride Problem #2 – The Bible Says – Pride _____

Proverbs 11:2 (NLT)

“Pride leads to disgrace, but with humility comes wisdom.”

Proverbs 10:17 (TLB)

“Anyone willing to be corrected is on the pathway to life. Anyone refusing has lost his chance.”

Pride Problem #3 – The Bible Says – Pride _____

Proverbs 29:25 (GN)

“It is dangerous to be concerned with what others think of you...”

Proverbs 20:27 (GN)

“The Lord gave us a mind and conscience. We cannot hide from ourselves.”

Pride Problem #4 – The Bible Says – Pride _____

James 4:6 (NIV)

“God opposes the proud but gives grace to the humble.”

How To Break Through Stress and Pride:

James 4:10 (NIV)

“Humble yourselves before the Lord, and He will lift you up.”

1. I Break Through Stress and Pride By: Admitting My _____.

Proverbs 28:13 (TLB)

“A man who refuses to admit his mistakes can never be successful. But if he confesses and forsakes them, he gets another chance.”

2. I Break Through Stress and Pride By: Seeing My Strengths _____.

Romans 12:3 (Ph)

“Don’t cherish exaggerated ideas of yourself or your importance, but try to have a sane estimate of your capabilities...”

Galatians 6:4 (NIV)

“Each man should test his own actions. Then he can take pride in himself without comparing himself to somebody else.”

3. I Break Through Stress and Pride By: Enjoying My _____.

1 Corinthians 4:7 (TLB)

“What are you so puffed up about? What do you have that God hasn’t given you? And if all you have is from God, why act as though you have accomplished something on your own?”

4. I Break Through Stress and Pride By: Serving _____.

Philippians 2:3-5 (NIV)

“Do nothing out of selfish ambition or vain conceit, but in humility, consider others better than yourselves... Look not only to your own interests, but also the interests of others. Your attitude should be the same as that of Jesus Christ.”

5. I Break Through Stress and Pride By: Depending On _____.

Psalms 10:4 (NCV)

“Wicked people are proud. They do not look for God; there is no room for God in their thoughts.”

Proverbs 22:4 (NLT)

“True humility and fear of the Lord lead to riches, honor, and long life.”

Answer Key

Continually
Honestly, Realistically, Blessings Gratefully, Others Unselfishly, Jesus
Causes Conflict, Prevents Maturity, Causes Anxiety, Angers God, Sins